

# The Bhakti Book of the Heart



by Heart Awakening

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“In India they say that God is beyond any name or form, beyond the mind, neither male nor female. This is the ultimate statement of Truth, but it is also said that the very same Ultimate Presence will take from to answer the loving call of a devotee’s heart. All of these divine beings are doorways to love - into the deepest place of our own heart. After all, God is love and love is God.

These names that we sing, on the deepest level, are the names of who we truly are. The names of what’s in there - not what we think is in there, which is our story line, but what’s really in there. That place is pure love, pure truth, pure enjoyment. Pure meaning “as it is”. We don’t make it. It exists naturally as it is inside of us. But because it is underneath everything, we’re always looking for it. We’re programmed to look outside for everything, so we look for that feeling in other people and stuff. Of course, we have difficulty finding it in a real, lasting way. Until we can connect with that place inside of ourselves, we can’t really find it in another person.” ~Krishna Das

“Devotion is the Divine streaming through you from that place in you before time. Love’s energy flows through your body, towards a body and into eternity again. Surrender to this current of devotion. And become one with the Body of Love.”  
~ The Radiant Sutras

“Chanting ends the enchantment of the movie of Me by calling out/calling in to that Love. As it fills us with light and presence, it brings freedom from our own subjective way of seeing things, our own version of life. Ultimately, we’re lifted into the bright sky of the heart where we see very clearly that we’re all a part of the great One.”  
~ Krishna Das

## Glossary of some of the commonly used Sanskrit words in the mantras:

Amrita - Immortality, nectar

Ananda - transcendental bliss

Asura - demon

Atma (atman) - the soul

Avatara - lit. "one who descends", an incarnation of a deity

Bhakta - devotee

Bhakti - loving devotion to god as a path of liberation of the individual soul and attaining the absolute, union with the divine through service and unconditional adoration

Bhajan - any type of Hindu devotional song, normally lyrical, expressing love for the Divine

Bolo - (only in vernacular) say it!, sing it!

Brahma - the first created being in the Universe, the Lord of creation

Chandra - the moon

Das/ dasa - servant of God (Dasi - female)

Deva - God/ demigod (Devi - female, Goddess)

Dharma - The moralistic duty of man, in Buddhism - the law of nature and truth

Go - cow, a sacred animal in India

Gopis - Krishna's cowgirl friends and servants in Vrindavan

Guru - spiritual master or inner guidance, literally "Dark-Light", the one who takes you from the darkness to the light

Ishwara - controller, a name for God/ the Divine (Ishwari - female)

Japa - repetition of a mantra

Jagat - world, universe (jagadambe - "mother of the universe")

Jaya/Jai - glory to, victory to

Ji - honorific title added at the end of a name as a term of endearment

**Karma** - “action”, activities and the concept that every action creates a future reaction

**Ki** - "of", "belonging to"

**Kirtan** - The word means adoration, or praising, of the divine, refers especially to singing the names of deities and the evocation of their qualities

**Kundalini** - vital energy force

**Lila** - the divine game of life

**Ma/ Mata/ Amma/ Amba** - Mother, referring to the “mother of the Universe” or “mother of all”

**Maha** - great, for example maharaja “great king”, or mahatma “great soul”

**Mantra** - Vedic hymn, a prayer or chant. It is said that mantra is an embodiment of the Divine, the sound-form or sound-body of a Deity.

The mantras are basically the different names of God in its many different manifestations, forms, characters plus some ecstatic words, "reminding" us what we are doing - praising, loving, evoking the Divine. There is no actual discursive meaning, just a heart-essence.

**Maha** - great

**Maya** – illusion

**Moksha** - liberation

**Mudra** - gesture

**Namah/Namaha** - I bow to, I honor

**Namaste** - Hindu greeting, said with hands joined in front of the heart. It means “The Divine that lives in and through me recognises the Divine that lives in and through you”

**Natha** – lord

**Nirvana** - freedom from physical existence, state of absorption in divine bliss

**Om/Aum** - the sacred syllable, core sound of creation and the entire Universe

**Padma/ Kamala/ Aravinda** - lotus

**Para** - great, superior

**Prabhu** - master, lord

**Prasad** - or *prasadam*, sanctified food, an offering

Prem – or *prema*, love

Puja - offering of worship

Purnima - full moon

Rani - queen

Rasa - taste, essence

Rishi - a sage, a saintly person

Sadhu - a saint, a wandering holy man

Samadhi - trance, complete absorption in God consciousness

Satchidananda - one's true nature; Sat=Pure Existence, Chit = Pure Consciousness, Ananda = Pure Bliss

Shakti - energy, power

Shanti - peace

Sharanam - refuge, protection

Siddhi – successful, power

Sri/ Shri - blessed, holy, glorious; used as a prefix to names of divinities but also sacred places and people

Vedas - the ancient religious scriptures of nowadays India

Vrindavan - Krishna's village in North India

Yantra - A geometric design, a representation of an energy or a deity through a geometrical form



# 1

## Ganesha

Ganesha is the elephant headed god, son of Shiva and Parvati. He is the remover of obstacles and is invoked at the beginning of any activity or spiritual practice. His name is translated as "Lord of the troops". He is the Lord of wisdom, education, knowledge, wealth, destroyer of vanity, selfishness and pride.



### Other names:

Ganapati, Gan Gan, Avighna, Buddhipriya, Gajanana , Nandana , Shambhavi, Swaroop

I.1.

Om Jay Sri Ganesh Sri Ganesha Jaya (x2) D A D

Sri Ganesh Sri Ganesha Ganesha Ganesha Jaya (x2) G D A

Ganesha (x4) Ganesha Ganesha Jaya (x2) A D A

I.2.

Ganesha Sharanam Sharanam Ganesha (x2) Am Dm Em Am

I.3.

Om Ganesha Om Ganapati Om Am G F

Ganapati Om Ganapati Om Am Em F G

I.4.

Om Gam Ganapataye Namaha (x2) G C G/ G D7 G

Gauri Nandana Gan Gajanana G

Om Gam Ganapataye Namaha D7 G

I.5.

Am G F G Am

Om Parvati Pataye Hara Hara Hara Mahadeva Gajananam Bhuta Ganadi  
Sevatam Kapita Jambhu Palaksharu Bhakshavam

Umasutam Shoha Vinasha Karaham Namami Vignishvara Padapunhajam

Om Gam Ganapataye Namaha Am G (x2) C G Am G

1.6.

Jai Ganesha Jai Ganesha Jai Ganesha Pahimam

Am F G Am

Shri Ganesha Shri Ganesha Shri Ganesha Rakshamam

Am F G Am

Gung Ganapataye Namoh Namah

Dm G Am

Gung Ganapataye Namoh Namah

F Dm G Am

1.9.

Om Gam Ganapataye Namaha (x4)

Bm D A Bm

Ganesha Sharanam (x2)



# 2

## Sita, Ram & Hanuman



Sita represents devotion and loyalty, especially in divine union/ marriage. An avatar of Lakshmi, the goddess of prosperity, abundance and good living.

King Rama is an embodiment of dharma - integrity, solidity, protection of the earth. An embodiment of Vishnu, the protector of the created universe, the one who preserves the stability of the worldly realms.

Sita and Rama are recognized as a divine couple, the union of male and female, lord and devotee, microcosm and macrocosm.

Hanuman is the monkey god, an example of devotion to Rama and dharma. An avatar of Shiva in his great desire to serve Ram from a subservient level in his fight against demons. He is the embodiment of service and devotion. Despite his heroic deeds and virtues, Hanuman shines by his humble unconditional faith in his master and is an example of egolessness, bravery and perfect devotion.

2.1.

Sri Ram Jay Ram Jay Jay Ram

C G/ F C

Sita Ram Sita Ram Sita Ram Sita Ram

C G/ F C

2.2.

Raghupati Raghava Rajaram

Dm Am

Patita Pavana Sitaram

Dm C Am Dm

Sitaram Sitaram Sitaram Sitaram

Dm Am

Hanumana Ki Jai Hanumana Ki Jai Jai

Dm Am

2.3.

Sita Rama Kaho Radhe Shyama Kaho

Am C G Am

Sita Rama Kaho Jai Radhe Shyama Kaho

Sita Sita Sita Sita Ram Ram Ram

Radhe Radhe Radhe Shyam

2.4.

Rama Bolo Rama Bolo Bolo Bolo Ram

G C

Sita Bolo Sita Bolo Bolo Sita Ram

Hanuman Bolo Hanuman Bolo Bolo Bolo Hanuman

G D Em C

2.5.

Sita Ram Sita Ram Sita Ram Jaya Sita Ram	A D A D A E A
Jaya Sita Ram Jaya Jaya Hanuman	A D A
Guri Sri Guru Ram Ananda Bhagavan	D A E A

## 2.6. Shree Hanuman Chaleesa

Shree Guru charana saroja raja nija manu mukuru sudhari	Am F G Am (x3)
Baranaun Raghubara bimala jasu jo daayaku phala chaari	C G Am
Budhi heena tanu jaanike sumiraun pawana kumaara	C G C G (x2)
Bala budhi vidyaa dehu mohin harahu kalesa bikaara	Am F G Am/ C G Am

Seeyavara Ramachandra pada jai sharanam

1. Jaya Hanumaan gyaana guna saagara Jaya Kapeesha tihun loka ujaagara
2. Raama doota atulita bala dhaamaa Anjani putra Pawanasuta naamaa
3. Mahaabeera bikrama bajarangee Kumati niwaara sumati ke sangee
4. Kanchana barana biraaja subesaa Kaanana kundala kunchita kesaa
5. Haata bajra aura dwajaa biraajai Kaandhe moonja janeu saajai
6. Shankara suwana Kesaree nandana Teja prataapa mahaa jaga bandana
7. Bidyaawaana gunee ati chaatura Raama kaaja karibe ko aatura
8. Prabhu charitra sunibe ko rasiyaa Raama Lakhana Seetaa mana basiyaa
9. Sookshma roopa dhari Siyahin dikhaawaa Bikata roopa dhari Lankaa jaraawaa
10. Bheema roopa dhari asura sanghaare Raamachandra ke kaaja sanvaare
11. Laaya sajeevana Lakhana jiyaaye Shree Raghubeera harashi ura laaye
12. Raghupati keenhee bahuta baraaee Tuma mama priya Bharatahi sama bhaaee
13. Sahasa badana tumharo jasa gaawai Asa kahi Shreepati kanta lagaawai
14. Sanakaadika Brahmaadi muneesaa Naarada Saarada sahita Aheesaa
15. Yama Kubera digapaala jahaante Kabi kobida kahi sake kahaante
16. Tuma upakaara Sugreevahin keenhaa Raama milaaya raaja pada deenhaa
17. Tumharo mantra Bibheeshana maanaa Lankeshwara bhaye saba jaga jaanaa

18. Yuga sahasra yojana para bhaanu Leelyo taahi madhura phala jaanu
19. Prabhu mudrikaa meli mukha maaheen Jaladhi laanghi gaye acharaja naaheen
20. Durgama kaaja jagata ke jete Sugama anugraha tumhare tete
21. Raama duaare tuma rakhawaare Hota na aagyaa binu paisaare
22. Saba sukha lahai tumhaaree sharanaa Tuma rakshaka kaahu ko daranaa
23. Aapana teja samhaaro aapaiTeenon loka haanka ten kaanpai
24. Bhoota pisaacha nikata nahin aawai Mahaabeera jaba naama sunaawai
25. Naasai roga hare saba peeraa Japata nirantara Hanumata beeraa
26. Sankata ten Hanumaana churaawai Mana krama bachana dhyaana jo laawai
27. Saba para Raama tapaswee raajaa Tina ke kaaja sakala tuma saajaa
28. Aura manorata jo koe laawai Soee amita jeewana phala paawai
29. Chaaron juga parataapa tumhaaraa Hai parasidha jagata ujiyaaraa
30. Saadhu santa ke tuma rakhawaare Asura nikandana Raama dulaare
31. Ashta siddhi nau nidhi ke daataa Asa bara deena Jaanakee Maataa
32. Raama rasaayana toomhare paasaa Sadaa raho Raghupati ke daasaa
33. Tumhare bhajana Raama ko paawai Janama janama ke dukha bisaraawai
34. Anta kaala Raghubara pura jaaee Jahaan janama Hari bhakta kahaee
35. Aura devataa chitta na dharaaee Hanumata se-ee sarva sukha karaee
36. Sankata katai mite saba peeraa Jo sumire Hanumata bala beeraa
37. Jai jai jai Hanumaana Gosaaee Kripaa karahu gurudeva kee naaee
38. Jo sata baara paata kara koe Chootahi bandi mahaa sukha hoee
39. Jo yaha parai Hanumaana chaleesaa Hoya siddhi saakhee Gauresaa
40. Tulasee Daasa sadaa Hari cheraa Keejai naata hridaya mahan deraa

Pawanatanaya sankata harana mangala moorati roopa  
Raama Lakhana Seetaa sahita hridaya basahu sura bhoopa

Mangala moorati maaruta nandana

Sakala amangala moola nikandana

2.7.

Bhajelo Ji Hanuman (x3)

G C D G D

Mahavira Bhaje Ram Sri Rama Ram

Bhajelo Ji Hanuman

D C G

Sita Ram

G D C G

2.8.

(capo 2)

Sita Ram Jai Jai Ram (x2)

Am C G F

Sita Ram Jai Jai Ram (x2)

F Am C G

2.9.

(capo 2)

Hanuman Bolo (x2)

G D G

Jay Sita Ram (x4)

G C G

Jaya Jay Sita Ram



# 3

## The Great Mother

The Divine Mother has three manifestations: Saraswati is the creative form. Lakshmi represents preservation, and Kali or Durga is the transformative force.

### Durga

Durga is a ferocious but beneficent divine mother, an aspect of Kali(or the opposite). She rides on a lion or a tiger and represents the power of the Supreme Being in moral order and righteousness in the creation. She protects mankind from evil and misery such as selfishness, jealousy, hatred, anger, ego, destroying them with the different weapons she is depicted with.



### Kali



Kali is the black, ferocious, destructive and yet highly auspicious Goddess, the feminine embodiment of the Shakti/energy of Shiva.

Kali is the terrifying form of the mother goddess Durga, highly worshipped in the Hindu tradition. She is represented with perhaps the fiercest features amongst all deities, though with the idea of all embracing and transcendental nature. Worshipped on behalf of mothers and infants. She is also known as Uma in her form of the

beloved of Shiva, Ambika - "beloved mother" or Chamundaye/Chandika - the destroyer of the demons Chanda and Munda.

**Parvati/Sati** - another version of Kali/ Durga. She is the daughter of Himalaya, her name means "of the mountains". the divine spouse of Shiva and mother of his two sons, Ganesha and Kartikeya, abiding with her husband on mount Kailash.

### Saraswati

Saraswati represents "the essence of the self", the Goddess of learning, knowledge and wisdom, the divine consort of lord Brahma, the Creator, his creative shakti/energy. Also worshipped by all involved in arts. She is the embodiment of pure knowledge, acquired with love and pure intention. Symbol of discrimination and use of knowledge for higher purposes.



### Lakshmi

Sri Lakshmi is the goddess of fortune and prosperity, the consort of lord Vishnu. The provider of both material and spiritual wealth, generosity, charm, beauty, grace and liberation.

**Ganga** - the celestial river that came down to earth so that all who immersed themselves in her waters could attain liberation. Depicted as a tiny female figure on the head of Shiva, she flows down from the head of the Lord and is often mentioned as his second consort.

3.1.

Jai Ambe Ma (x3) Durga

Em C G D

Jai Ma Kali Jai Mahadevi

Em C

Jai Ma Kali Amritanandamayi

G D

3.2.

Jay Ganga (x3) Ma

Am G Am

Ama Ama Ama Jay Ganga Ma

Ganga Ma Ganga Ma Jay Ganga Ma

3.3.

Kali Mahakali Devi Parashakti

Am C G Am

3.4.

Amma Amma Taye

Am G Am

Akhilandesvari Niye

Am G Am

Annapurneshvari Taye

G Am

O O O O Adi Para Shakti Niye x2

C G Am

*Oh Holy Mother, pervading the Universe, all providing, you are the first and highest power*

3.5.

Om Mata Om Kali Durga Devi Namoh Namaha

Am G Am



Shakti Kundalini Jagadambe Mata

Am G F E (Am)

3.6.

Jaya Jagadambe Ma Durga

C F C F

Jay Ma (x3) Durga

3.7

Om Namō Kali Kali Om Namō

Am C G / Dm Am C G

Oh Great Mother, we evoke you in this place

Take away our fears and fill us with your grace

Oh Black Mother, goddess of the night

Burn away the darkness and fill us with your light

Burn it all away Kali, burn it all away

If it doesn't serve us, then burn it all away



3.8.

Durge Durge Durge Jai Jai Ma

Am G Am G Am

Karuna Sagarini Ma Kali Kapalini Ma

Am

Jagadurgalini Ma (x2)

G

Jagadambe Jai Jai Ma (x4)

Am G Am

3.9.

Om Anandamayi Chaitanyamayi  
Satyamayi Parameshvari

G C G

3.10.

Bhaja Mana Ma Ma Ma Ma x2

A D A D A

Anandamayi Ma Ma Ma x2

A D E A

3.11.

Kali Jai Mata Kali

Am

Kali Shakti Rudrani

Kali Shakti Bhavani Ma

Kali Ma (x6)

G Am

3.12.

Jay Ambe Jagadambe

Am G

Mata Bhavani Jay Ambe

F G Am

Durga Vinashini Durge Jai Jai

Am C

Kala Vinashini Kali Jai Jai

G Am

Uma Rama Brahmani Jai Jai

G C

Radha Rukamani Sita Jai Jai

G Em Am

3.13.

Jaya Jaya Devi Mata Namah Om Am G Am G Am G C/ C G Am G C G Am

3.14.

Saraswati He Namaha (Saraswati) Am C G Am Dm E

3.15.

Shakti Om (x4) Bm G A Bm

Om namah shivaya (x2) Bm A

Uma Ananda Gorema Parvati Shakti Om Bm G A Bm

3.16.

Hey Amba Hey Amba Hey Amba Bol Am Dm

Ishwara Sadchitananda Bol Am Dm Am Bb Am

Sambasadha Shiva x3 Bol Am Dm

Palaka Preraka Satya Pati Bol Am Dm Am Bb Am

Ambe Ambe Jay Jagadambe Am Dm

Akilandeshwari Jaya Jagadamba Dm G Am

3.17.

Jay Shri Ma Kali Kali Ma Jay Shri Ma (x2) Am G Am

Ananda Ma Durga Devi Jagadambe Shri Ma (x2) G D Am Em

3.18.

Saraswati Maha lakshmi

Am/Dm Am

Durga Devi Namaha

C/F G Am

3.19.

Jai Mata Kali Jai Mata Durge (x 2)

Am G Am

Kali Durge Namoh Namaha (x6)

Am G Am/ Dm Am E/ Am E

3.20.

Chamundaye Kali Ma Kali Ma (x3)

Am C G Am

Kali Ma (x5)

Am G F G Am

3.21.

Uma Parvati Namoh Namah Kali Durge Namoh Namah  
Om Shakti Om

C F C F

3.22.

He Ganga Ma (x2)

Am G Am

He Ganga Ma Ulele He Ganga Ma Olala

F Am G

*(replace with Jamuna, Saraswati, Lakshmi, Amazona, Kali Ma..)*

3.23.

Om Aim Srim Krim Saraswati Deviay Namaha  
Namoh Namah

A D A D

3.24.

Ao Ao Mere Angana Durga Bhavani

Am E F Am

Durga Bhavani Ma Ambe Bhavani

Am F Am E

3.25.

Jago Ma Jago Ma Shankari Ma

Dm C Dm

Shankari Ma Abhyan Kari Ma

Devi Dhyan Karo Shiva Ramana

Dm A Dm A

3.26.

Durge Durge Maha Durge

Am G Am

Kali Kali Namu Namaha

Ambe Ambe Maha Ambe

Devi Devi Namu Namaha

Om Dum Durgayei Namaha

Am

Om Krim Kalikayei Namaha

C G Am

# 4

## Shiva



The Great Lord of the yogis and of transformation also recognized as our Higher Self, pure consciousness. He is the Destroyer in the Hindu trinity of Gods, destroying ignorance and all that keeps us in separation from Truth. He dissolves the universe for the creation of the next cycle to take place and so that the unliberated souls will have another opportunity to free themselves from the bondage with the physical world. He is depicted in various ways including in the image of a lingam, yet it is said that he can hardly be symbolized by any form.

Other names of Shiva: Hara, Mahadeva, Bom (seed/ bija mantra of Shiva), Nataraja ("King of the dance", referring to his tandava, the dance that causes the entire world to crumble , leaving way for a new creation), Shankara, Shambho/ Shambhu, Mahayogi, Pashupati, Bhairava, Vishwanath, Bhava, Bhole Nath, etc.

4.1.

Shiva Shiva Shiva Shambho

Am G Am

Mahadeva Shambho

4.2.

Shivaya Parameshvaraya

Am

Chandrashekaraya Namah Om

Dm Am

Bhavaya Bhavaya Guna Sambhavaya

F Am

Shiva Tandavaya Namah Om

F G Am C

*I bow to the Great Lord Shiva who holds the crescent moon on his forehead, who creates by unity the tendencies of nature (gunas) and who destroys them by his tandava dance.*

4.3.

Om Namah Shivaya

Bm G A Bm A / D A G D A

4.4.

Om Namah Shivaya Om Namah Shivaya

Am F G Am

Shivaya Namaha Shivaya Namah Om

Shambo Shankara Namah Shivaya

Giri Jaya Shankara Namah Shivaya

Arunachala Shiva Namah Shivaya

Hara Om Namah Shivaya Om Namah Shivaya

C G F Am

4.5.

Jai Ganesha Deva Jai Durga Ma	Am G
Uma Parvati Ananda Ma	F G
Hara Om Namah Shivaya	Dm Am
Om Namah Shivaya Mahadeva Shambo	F G Am

4.6.

Jai Shiva Shankara Jai Shiva Shankara	Am
Jai Shiva Shankar Hari Om	Am G
Jay Shiva Shankara Parameshvara	G Am
Jay Shiva Shankar Hari Om	G Am
Om Namah Shivaya	Am Dm Am

4.7.

Hara Hara Hara Hara Mahadeva	Am
Shiva Shiva Shiva Shiva Sadha Shivay	E
Om Hara Hara Hara Hara Mahadeva	Am
Om Namo Namom Namah Shivaya	Dm E
Brahma Vishnu Suratchitaya	Am
Om Namom Namom Namah Shivaya	Dm E
Uma Ganesha Saravana Sevita	E
Om Namom Namom Namah Shivaya	Am



Om Namō Namō Namah Shivaya

Dm E

4.8.

Nataraja Nataraja

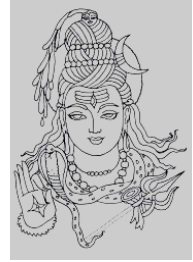
Nartana Sundara Nataraja

Shivaraja Shivaraja

Shiva Kami Priya Shivaraja

Chidambaraesha Nataraja

Parthi Purishawara Nataraja



4.9.

Namah Shivay Om Namah Shivay

Dm Am

Hara Hara Bole Namah Shivay

G Dm

Jatadhara Shiva Jatadhara

Hara Hara Bole Namah Shivay

Gangadhara Shiva Gangadhara

Hara Hara Bole Namah Shivay

Rameshvara Shiva Rameshvara Hara Hara Bole Namah Shivay

4.10.

Hara Hara Mahadeva Shambo

CF

Kashi Vishwanatha Gange

CFG C

Hara Hara Hara Hara

Hara Hara Mahadeva Shambo

4.11.

Om Namah Shivaya Shivaya Namaha

Am G F G

Shiva (x3) Shivaya Shivaya Namaha

4.12.

Alekh Alekh Bom Alekh Alekh Bom Bom Alekh Shiva Shambo

Am G Am

Kailash Ke Raja Shiva Bole Bom Bom Bom Bholenath

Dm Am G/Em Am

Shiva Namah Om Namah Om (x2)

Am F

Hare Om Namah Shivaya

G Am

4.13.

He Shiva Shankara He Maheshvara

Am G Am

Sukha Kara Dukha Kara Hara Hara Shankara

Am Dm Am

Om Namah Shivaya Om Namah Shivaya

Am G Am

4.14.

Jaya Gauri Shankara Jaya Vishvanath

C

Jaya Parvati Bhakti Bhole Nath

G

Bhole Nath Bhole Nath (x2)

C F C

Jaya Parvati Bhakti Bhole Nath

C G C

4.15.

Sat Chit Ananda Guru Satchidananda (x2)

Am G Am

Ananda Guru Om Shiva Ananda Guru Om (x2)

Am G Am

4.16

Om Arunachala Om

Am C Am

Arunachala Arunachala Arunachala

Am C F

Shiva Shiva Shiva

Am (Em) F

4.17.

Gangajata Dhara Gauri Shankara Girija Mana Ramana

Am E Am G Am E Am

Jaya Mrityunjaya Mahadeva Maheshwara Mangala Shubha Charana

Nandi Vahan Naga Bhushana

A D

Nirupama Guna Sadhana

E

Natana Manohara Nilakantha Hara

Am G Am E Am

Niraja Dala Nayana

Am E Am

4.18.

Sarva Mangala Mangaliye

Am Dm Am G E Am

Shive Saravata Sadhike

Saranye Trayambhake Gauri x2

Am Dm Am G

Narayani Namostute x2

Am Dm G Am

4.19.

Hara Om Namah Shivaya

G Am G Am

4.20.

Hari Sharanam Shiva Sharanam

Am F G Am

Jai Shri Ram Sharanam Prabhu Krishna Sharanam

Govinda Jaya Jaya Gopala Jaya Jaya

Shri Radha Ramana Hari Govinda Jaya Jaya

4.21.

Sachara Chara Para Purna Shivoham Shivoham

Am G F G Am

Nityananda Swarupa Shivoham Shivoham

Anandoham x4 Shivoham x4

4.22.

Jaya Shiva Shankara Bom Bom Hare Hare

Am G Am G

Hare Hare (x2) Bom Bom Hare Hare

4.23.

Om Namah Shivaya Namah Om Haidakhandi

Am F C G

Hara Hara (x2) Hare Hare Shankara

Om Namah Shivaya Gurudev Satchitananda Murtaye

Namastase (x3) Namoh Namah

4.24.

Bolo Bolo Sab Mila Bolo	Am C
Om Namah Shivay	G Am
Om Namah Shivaya Om Namah Shivay	Am G
Dam Dam Dam Dam Damaru Bhajai	Am G
Rupa Jatadara Ganga Dhari	Am G
Dam Dam Dam Dam Damaru Bhajai	Am G
Trishula Dhari Damaru Bhajai	

4.25.

Sarva Mangala Mangaliye Shive Sarvata Sadhike	Am Em G D
Sharanye Trayambhake Gauri Narayani Namostute (x2)	
Om Namo Narayani Narayani Namah (x4)	
Om Guru Jaya Guru Om Guru Shiva Guru	
Om Guru Shakti Guru Jaya Jai (x8)	
Om Shiva Om Shakti (x6)	
I know you're always with me, I trust in you completely	
I feel your love everywhere	

# 5

## Krishna & Radha



### Krishna

Krishna is an avatar of Vishnu and possibly a real historical figure that lived for 125 years and embodied a sportive form of God. For him it is said that he appeared as Para Brahman before the sages, as the Supreme Reality before the yogis, as the lord of Beauty before the gopis, as warrior before warriors, as a child before the Gods of creation, as the lord of Death, as king of Kings. He easily captivates the hearts of his devotees, making them forget the world, drawing their minds towards the Divine and enjoy everlasting bliss. They call him "the soul of the universe", the one that causes "God-intoxication". The love he awoke in the hearts of the Gopis (the cowgirls) with the sweet music of his flute is a

beautiful metaphor for divine love, the longing for merging the individual soul (jivatman) in the Absolute. This is known as Krishna's Rasa Lila - the Divine game of creation in the search of the Divine essence, pure divine ecstatic love, culmination of bhakti.

Other names:

Govinda, Gopala, Hari/Hare (vocative), Radha ramana, Madhu/Madhava, Murari, Shyam ("the dark one"), Narayana, Vasudeva, Mukunda, Devakinandan, Gyaneshwar, Hrishikesh, Madan, Murali, Paramantma.

## Radha

Radha is an avatar of Lakshmi, the embodiment of love, passion and devotion. Her passion for Krishna symbolizes the soul's intense longing for unification with God. Krishna is the soul of Radha and Radha is the soul of Krishna. She is his worshipper and his deity at the same time, his shakti, visible form, manifestation. Krishna expands himself into the dual form of Radha-Krishna thus Radha is non-different from her eternal consort. Radha was recognized as the loveliest of all the cowgirls/gopis and the greatest devotee of Krishna, the personification of the highest love for God. At the same time she is the supreme object of devotion and an example of transcendental love.



5.1.

Sri Radhe Radhe Radhe	Am Dm
Radhe Radhe Radhe Shyam	Am
He He Govinda He he Gopala	G Am
He Vasudeva Anityanananda	Dm Am

5.2.

Govinda Hare Gopala Hare	A D A E
He Prabhu Dina Dayala Hare	D A E A

5.3.

Om Namō Bhagavate Vasudevaya (x4)	Am G E Am
Om Namō Bhagavate (x3) Vasudevaya	F E Am

5.4.

Om Namō Narayanaya (x 4)	Am G
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5.5.

Govinda Narayana Gopala Narayana	Am G (Em) Am
Govinda Gopala Narayana	Am G Am
Hare Govinda Gopala Narayana	C G (Em) Am



5.6.

Gopala Gopala Devakinandana Gopala

G D C (D) G

5.7. Maha mantra (the great mantra)

Hare Krshna Hare Krshna Krshna Krshna Hare Hare

Am C G Am

Hare Rama Hare Rama Rama Rama Hare Hare

C G F (E) Am

*(Alonso del Rio: E – Bm – D – A)*

5.8.

Jay Radhe Shri Radhe Radhe Shyam

Am F G Am

Jaya Sita Ram (x3) Jay Radhe Shyam

C F G Am

5.9.

Shri Radhe Radhe Radhe Shyam

Am

Govinda Radhe Jai Shri Radhe

G Am

Govinda Radhe Radhe Shyam

G

Gopala Radhe Radhe

C

5.10.

Radhe Radhe Radhe Shyam

Am

Govinda Radhe Radhe

Dm

Gopala Radhe Ramana Om Hare Radhe Radhe

G Am

5.11.

Krshna Hare Krshna Krshna Hare Gopala Gopala D C  
Krshna Hare Hare Krishna Hare Gopala Gopala

5.12.

Govinda Hare Gopala Hare C F C G  
He Prabhu Dina Dhyana Hare F C G C

5.13.

Radhe Radhe Radhe Radhe Radhe Radhe Govinda Am G  
Radhe Govinda Bhadra Vrindavane Shyama Em F Am

5.14.

Hare Krshna Hare Krshna Krshna Krshna Hare Hare Dm C C F  
Hare Rama Hare Rama Rama Rama Hare Hare C Am G Am  
Amazing Grace, how sweet the sound Dm(G) C C F  
that saved a soul, a soul like me C Am G Am  
I once was lost, but now I'm found  
Was blind, so blind, but now I see

5.15.

Shri Krishna Govinda Hare Murare

G Em C G

He Natha Narayana Vasudeva

G Em D G

5.16.

Jaya Radha Madhava Jaya Kunja Bihari

Am G

Jaya Gopi Jana Vallabha Girivaradhari

Yashodanandana Braja Jana Ranjana

Yamuna Tira Vana Chari

+ Mahamantra

(Reggae version Am F Dm E)

5.17.

(capo 2)

Govindam Adi Purusham

Am F Dm E

Tamaham Bhajame

Govindam

5.18.

Hare Narayana Hare Narayana

Dm Am

Hare Narayana Hare Hare Om (x2)

Dm Am C G

Jay Govinda Jay Gopala

Jay Krishna Hare Om

5.19.

Radhe Radhe Govinda Radhe (x2)

CF

Radhe Govinda (x4)

CFCF

5.20.

Govinda Jaya Jaya Gopala Jaya Jaya

Am Em Am G Am

Radha Ramana Hare Govinda Jaya Jaya

Am Em Am Em Am

5.21.

Hari Bol! Hari Bol! Hari Hari Bol!

Am C F G Am

Mukunda Madhava Govinda Bol

Hari Bol! ...

Keshava Madhava Govinda Bol

Shankara Radhe Radhe Shyam (x2)

+ Maha Mantra



# 6

## Other Mantras and Prayers



Prayer is not asking. It is a longing of the soul. It is better in prayer to have a heart without words than words without a heart. ~ Mahatma Gandhi

The mind should be kept in the heart as long as it has not reached the Highest End. This is wisdom and this is liberation. Everything else is only words.

- Mairtri Upanishad

6.1.

Om Asatoma Sat Gamaya

Am G Am G

Tamasoma Jyotir Gamaya

C G Em Am

Mrityor Ma Amritam Gamaya

*Oh Lord! Lead me from unreal to real, from the darkness into light, from death to eternal life*

6. 2. Gayatri Mantra

Om Bhur Bhuvah Svaha

Am

Tat Savitur Vareniyam

Bhargo Devasya Dhimahi

Dm

Dhiyo Yona Prachodayat

F G

(Preambabanda version: Em D)

*Oh God! I meditate on our divine light! Bestow your blessing on us that my intellect may be enlightened, that I may rise to the highest consciousness. Enable me to meditate, be successful and realize God.*

6.3.

Prabhu Aap Jago Paramatma Jago

Am

Mere Sarva Jago Sarvatra Jago

F

Sukhanta Kel Prakash Karo (x2)

C E

*Awaken, oh, Lord! Awaken, oh, Supreme Being! Awaken my whole, awaken all over and glorify a happy play!*

6.4.

Om Sarve Bhavantu Sukhinat

Am Dm

Sarve Santu Niramayat

G Am E

Sarve Bhadrani Pasyantu

Am Dm

Ma Kashchit Dukha Bhagbhavet

E Am

*May all be prosperous and happy, May all be free from illness, May all see what is spiritually uplifting, May no one suffer.*

6.5.

Om Jesus Christaya Paramatmani Purusha

G Am C G

Avataraya Namaha

Am C G

6.6.

Jaya Bhagavan

Em Bm G D Em/ Em D Em D

6.7.

Guru Brahma Guru Vishnu Gurudeva Maheshvara

Guru Sakshat Parambrahma Tasmaye Shri Gurave Namaha

6.8.

Om Purnamadah Purnamidam

Dm Am Dm Am

Purnat Purnamudachyate

Purnasya Purnamadaya

F G Dm Am Dm

Purnamevashishyate

*Wholeness produces wholeness, only wholeness comes out of wholeness, only wholeness is*

6.9.

Sarvam Brahman Mayam Rere      Sarvam Brahman Mayam      Am G  
Sarvam Brahman Mayam Rere      Sarvam Brahman Mayam      Am C G Am

6.10. Mahamritynjaya Mantra

(capo 2)

Om Tryambakan Yajamahe      A G D A  
Sugandhim Pusti Vardhanam  
Urva Rukamiva Bandhanan  
Mrtyor Muksheeya Mamritat

*We worship The Three-Eyed Lord Shiva who is fragrant and who increasingly nourishes the devotees. Worshipping him may we be liberated from death for the sake of immortality just as the ripe cucumber easily separates itself from the binding stalk.*

6.11. The Moola Mantra

Om Sat Chit Ananda Parabrahma      Purushotama Paramatma  
Sri Bhagavate Sametha      Sri Bhagavate Namaha

6.12. Green Tara

Om Tare Tu Tare Ture Soha      Am G Am/ Dm E F

6.13.

Om Namō Amitabhaya Buddhaya Dharmaya Sanghaya      Am Dm Am Em Am  
Om Namō Om Namō Om Namō Amitabhaya      Am G F E

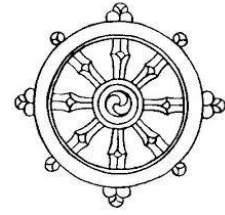


*Praise to Amitaba the Buddha of compassion, praise to Buddha, the Dharma (the way, the path of true) and the spiritual community*

6.14.

Om Mane Padme Hum

*"Behold! The jewel in the lotus!"*



6.15. The Heart Sutra Mantra

(capo 2)

Gate Gate Paragate

Am C Em Am

Parasamgate Boddhisoha

C G Em Am

*Gate –path of merit, path of preparation, paragate – path of insight, parasamgate – path of meditation, bodhi - buddhahood*

6.16. Medicine Buddha

(capo 2)

Tayata Om Bekandze Bekandze Maha Bekandze

Em Am D Am C

Radza Samudgate Soha

6.17.

There's a jewel in the lotus flower unfolding deep within my soul Am G Am

To be a jewel in the lotus flower unfolding is the highest goal

Om Mani Padme Hum (Om Mani) Om Mani Padme Hum

6.18. Mul Mantra

Ek Ong Kar Sat Nam

Kartaa Purkh Nirbhao Nirvair Akaal Mooret

Ajuni, Saibhang, Gur Prasaad Jap

Aad Sach, Jugaad Sach Hai Bhi Sach, Nanak Hosi Bhi Sach

*The creator of all is One. Truth is His Name. He does everything, fearless, without anger, undying, unborn, self-realized, realized thru Guru's Grace, Meditate: He was true in the beginning, true through all the ages, true even now. Nanak shall ever be true*

6.19. (capo 2)

Aad Gure Nameh      Jugad Gure Nameh      C F7 C

Sat Gure Nameh    Shri Guru Deve Nameh      C F7 C/ Am G C

*Mantra for protection. It means "I bow to the primal Guru (guiding consciousness who takes us to God-Realization), I bow to wisdom through the ages, I bow to True Wisdom, I bow to the great, unseen wisdom"*

6.20.

Adi Shakti (x3) Namō Namō

Sarab Shakti (x3) Namō Namō

Prithum Bhagawati (x2) Namō Namō

Kundalini Mata Shakti Mata Shakti Namō Namō

*The First Shakti Mantra tunes into the frequency of the Divine Mother, and to primal protective, generating energy. Adi Shakti means the "Primal Power," Sarab Shakti means "All Power", and Prithum Bhagawati means "which creates through God."*

6.21. (capo 2)

Gobinde Mukande Udare Apare Hariang Kariang Nirname Akame      Bm7 A E

Dmaj7 Bm7 A E

*Guru Gaitri Mantra which means "Sustainer, liberator, enlightener, infinite, destroyer, creator, nameless, desireless"*

6.22.

Ajai. Alai. Abhai. Abai. Abhu. Aju. Anaas. Akaas.

Aganj. Abhanj. Alaakh. Abhaakh. Akaal. Dyaal. Alekh. Abhekh

Anaam. Akaam. Agaha. Adaha. Anaathe. Pramaathe. Ajoni. Amoni.

Naraage. Narange. Narupe. Nareke. Akarmang. Abharmang. Aganje. Alekhe.

Invencible, indestructible, intocable, invisible

Sin deseo, sin miedo, sin nacimiento, sin fin

Mas alla del amor, mas alla del dolor Mas alla de la vida compasivo

6.23.

Ek Ong Kar Sat Nam Siri Wahe Guru

*Adi Shakti Mantra: "There is one Creator whose name is Truth. Great is the ecstasy of that Supreme Wisdom"*

6.24.

Ra Ma Da Sa Sa Se So Hung

*Siri Gaitri Mantra chanted for healing. "Ra Ma Da Sa" is the Earth Mantra. and "Sa Say So Hung" is the Ether Mantra*

6.25.

May the long time sun shine upon you	D A Bm G D
All love surround you	C G A
And the pure light within you	D A Bm G D
Guide your way home x2	C G D / C G D (A)
Sat	D C G A
Nam x2	D C G A

6.26.

May the Love we are sharing spread its wings, fly across the Earth	Am
and bring new Light to every soul that is alive.	G Am
May the blessings of Thy Grace, my Lord, shine on everyone,	Am
and may we all see the Light within, the Light within.	G Am
Lokah Samasta Sukino Bhavantu	G (Em) Am
May all the beings in all the worlds be happy	G (Em) Am
Salam Aleikum Aleikum Asalam	Am G Am
Shalom Alechem Alechem Ashalom	
Om Namah Shivaya Om Namah Shivaya	
Hare Krshna Hare Krshna	
Om Mane Pade Hum Om Mane Padme Hum	
Hallelujah Hallelujah	

6.27.

I am the light of the soul	Dm
I am beautiful, I am bountiful, I am Bliss, I Am, I Am	C Bb A
I am the light of the soul	Dm C
I am beautiful, I am bountiful, I am Bliss, I Am, I Am	Dm C Bb A E

6.28.

Yemaya Asesu Asesu Yemaya	Dm G C Am
Yemaya Olodum Olodum Yemaya	
<i>African chant- lullaby for Goddess Yemaya</i>	

6.29.

Oh my beloved	C Am F C / C F C G
Kindness of the heart	
Breath of life, I bow to you	
And I'm coming home, And I'm coming home x2	
Ong Namu Guru Dev Namu Guru Dev Guru Dev Namu	
Divine Teacher Beloved Friend	
I bow to you Again and again!	
Lotus sitting on the water	
Beyond time and space	
This is your way This is your grace	

6.30.

Mother of the earth, father of the sky	Am
Give us wings so we can fly	F G
Deep Into the mystery sacred dimension reality	Am Em Am Em
Unfolding endlessly in your grace	Am Em F G
Om shanti om sat chit ananda	Dm Am C G

6.31.

My sweet lord, oh my lord	Em A7
I really want to see you	D
I really want to be with you	Bm D
I really want to see you lord	Bm D
But it takes so long my lord	H7 Em
Mmmm my lord...	
I really want to know you	
I really want to go with you	
I really want to show you lord	
That it won't take so long my lord	
Mmm My lord...	
Hallelujah/hare krishna/my sweet lord	Em A7

6.32.

Lead us from unreal to real	Am
From darkness into light	Dm
From death to immortality	G
Shanti Shanti	Am

6.33.

Oh Great Spirit earth, fire and sea	Dm F C Dm
You are inside and all around me	

6.34.

I hear the Silence calling me so softly calling me	Am G Am G
To where I have always been	F G Am
I am burning and burning in your Grace	C G Am
I am burning and burning...	C G C G (Am)

6.35.

Carry me music to the source of all things inside of me (x2)	Am Em F G
To the fountain of love, eternal spring of wisdom (x2)	
Springing through me/ us, singing through me/ us	

6.36.

It's by thy grace that I see (x3) your holy name D G D G

Someday the day shall come when all the glory shall be thine A Bm G (D)

People will say "it's yours" and i shall deny "not mine"

Allah, Jehova, Rama, Satva Namaha (x 8)

Peace to all, light to all love to all... your holy name...

6.37.

You are my mother you are my father Em D or Am G

You are my lover and you are my friend

You're the beginning, you are the centre

And you are beyond the end

And I love you lord, cause you help me see

See you in all is to see you in me

Cause I'm in you and you're in me (x4) In Lakech'

6.38. Hawaiian song

E malama ika heiou (x2) C Am

E malama pono ika heiou e F C

Earth and sky, sea and stone, hold this land in sacredness



6.39. Sufi song

Tu mera dil tu mare jaan jaane jaan maherbaan (x2) D A E

Samane tu beta raveen her wale main takdee ravaan (x 2)

Mare sonmiyan, hare maherbaan, mare haaniyan, mare dil jaaniyan E D

6.40.

Above and below and all around you are (x2) Am G

You are the essence of all the beauty of life Dm Am

You are the essence of all the love of my life Dm Am

Sacred one, source within and beyond C G Am

6.41.

Sudhosi buddhosi niranjanosi E C D Em

Samsara aa parivartjitosi D C D Em

Samsara svapanam taja moha nidam

Nayanma mrityor tvaisat svarupe

You are forever pure you are forever true

And the dream of this world will never touch you

So give up your attachments

And give up your confusion

Abide in that space that's beyond all illusion

6.42. Sufi/ Muslim prayer

La Ilaha Illa Allah

*There is no other reality but God*

6.43.

God and (in) me, me and god are one

Am C G E Am

6.44.

Through our eyes shines the light Mashallah Mashallah

The wonder of God in you

Am G Am

Mashallah (x6)

Mashallah (x3) wonder of God in you

Am G (Em) Am

6.45.

Step by step, breath by breath

A little deeper, a little closer (x2)

Am Dm C G

Inside me, inside you, inside god, inside of all (x2)

6.46.

Take me away won't you carry me

Am G

Let me rest in your arms just for a while

F G Am

Take me away won't you carry me

Let me bathe in the sweetness of your smile

Amma take me away (x4)

C G Am

#### 6.47. Sufi song

Ishq allah mahbud lillah (x2)

Am G Am

God is love, lover and beloved

I am love, lover and beloved

#### 6.48. Azteca song

Wakatanka ho wani teya x2

C / Am

Wani teya x2

G C

Wakantanka ho shi mayo hey x2

C

Heya hey heya hey hey wakantanka heya na hey heyoey

G

#### 6.49. Jewish song

Od Yavo Shalom Alenu (x3)

G C G

Ve Al Ku Lam

C F G

Salaam Alenu ve al kola olam

G C

Salaam, salaam

G C

*Peace on us and on the whole world. Peace, peace*

6.50.

Sweet Mother, I'm coming home

Now I know I'm not alone

I was far, now I'm close

Sweet Mother, I'm coming home

Sweet Mother, please hold me tight

I might need some help tonight

What went wrong will be right

Sweet Mother, please hold me tight

Sweet Mother can you hear me sing

Your love is everything

Heart and Soul, breath and skin

Your love is everything

6.51. Heart on Fire

Oh this heart has been set on fire

C G Am

come touch my chest, it still feels warm

F Am G

And I know all fear, doubts and desires

C G Am

get washed away by its divine force

F Am G C

And call it God or call it Love	C G Am
there's something greater taking care of me	F Am G
and guiding me out of the darkness	C G Am
out of this prison, where I used to live F	Am G C

And how can I ever pay	F G
for this endlessly beautiful grace	C G Am
How could I ever reward	F G
you for what you've been given me Lord	C G Am
I'll try to pray, serve and love, I will just play my part	F G
in this gift that you've offered to me	C G Am
of this neverending perfection	F G
that I am	C

Oh my dear heart oh burn please burn	C G Am
and let your heart just melt away	F Am G
all suffering, all pain, all doubts, all worries	C G Am
Oh let me burn and die to serve and love and pray	F Am G C
And how can I ever pay..... x3	



## Shanti Pada

Asatoma Sat Gamaya Tamasoma Jyotir Gamaya

Mritorma Amritat Gamaya

Sarvesham Svastir Bhavatu

Sarvesham Shantir Bhavatu

Sarvesham Mangalam Bhavatu

Lokah Samasta Sukhino Bhavantu

Om Trayambhakam Yajamahe

Sugandim pushtim vaardanam

Urva rukamiva bhavandanat

Mrityor mukshiamamritat

Om Shanti Shanti Shanti

OM

**“Lose yourself in LOVE and you’ll never be lost again” ~ Rumi**